



Regional Clubs League

-Season 2018/2019-

HANDBOOK

PROUDLY SUPPORTING



Netball East Regional Clubs League

League Personnel

Chairman

Mobile

Email

Competition Referee

June Griffith

Email june.griffith.jg@gmail.com

Results Co-ordinator

Gwen Foster

Umpire Co-ordinator

Carolyn Davies

Email: carolynd5984@gmail.com

Netball East Regional Clubs League Division 1	Teams
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Eastwood 1

Home venue: Seevic College Runnymede Chase Benfleet SS7 1TW
Playing Day: Sunday Start time: 12.45 pm

Hatfield Hawks

Home venue: Hatfield Sports Village De Havilland Campus Hatfield AL10 9EU
Playing Day: Saturday Start time: 11.30 am

MK Netters Gold

Home venue: Sharnbrook Community Sports Centre, Odell Road, Sharnbrook, Beds
MK44 1JL
Playing Day: Saturday Start time: 11.30 am

Norfolk United

Home venue: Langley Preparatory School, Taverham Park Norfolk. NR8 6HU
Playing Day: Saturday Start time: 11.30am or 13.30 pm
(Clubs & umpires to be advised)

Omega NC

Home venue: Leventhorpe Leisure Centre, Cambridge Road Sawbridgeworth CM21 9BY
Playing Day: Sunday Start time: 12.45pm
Except Saturday 13th October Start time: 12.45pm v Hatfield Hawks

Rookies

Home venue: Wisbech Grammer School, 47 North Brink, Wisbech, Cambs. PE13 1JX
Playing Day: Sunday Start time: 14.30 pm

Tegate

Home venue: Mark Hall Sports Hall, Harlow, Essex CM17 9LX
Playing Day: Sunday Start time: 12.30 pm

Thoroughbreds 1

Home venue: Town Close House Prep School, 14 Ipswich Road, Norwich NR2 2LR
Playing Day: Sunday Start time: 11.00 am

Turnford

Home venue: Wodson Park Wadesmill Road Ware herts SG12 0UQ
Playing Day: Saturday Start time: 14.30 pm

Netball East Regional Clubs League Division 2**Teams****Bears 1**

Home venue: Seevic College Runnymede Chase Benfleet SS7 1TW
Playing Day: Sunday Start time: 10.30 pm

Billericay

Home venue: James Hornsby High School, Leinster Road, Laindon, Basildon, Essex,
SS15 5NX
Playing Day: Sunday Start time: 13.30 am
Except 23rd Sept 18 v Ipswich & 10th March 19 v Crosskeys
St John Payne, Partridge Ave, Chelmsford, Essex. CM1 4JG

Comberton

Home venue: Cambourne Village College Sheepfold Lane Great Cambourne CB23 6EF
Playing Day: Saturday Start time: 13.30 pm

Crosskeys

Home venue: Mark Hall Sports Hall, London Rd Harlow, Essex CM17 9LR
Playing Day: Sunday Start time: 12.30pm

Hertford Hornets 2

Home venue: Oaklands College St Albans campus Hatfield Road St Albans AL4 0JA
Playing Day: Sunday Start time: 11.00 am
Except 18th November v Team Bed
Beaumont School Oakwood Drive, St Albans, Herts, AL4 0XB

Ipswich Ladies 1

Home venue: Suffolk One Scrivener Drive Ipswich IP8 3SB
Playing Day: Sunday Start time: 10.30am or 12.30 pm

Norfolk United

Home venue: Langley, Preparatory School, Taverham Park Norfolk. NR8 6HU
Playing Day: Saturday Start time: 11.30am or 13.30 pm
(Clubs & umpires to be advised)

Team Beds

Home venue: University of Bedfordshire Polhill Avenue Bedford MK41 9EA
Playing Day: Saturday Start time: 12.30 pm
Except 3rd November v Thoroughbreds 2 at The Alexander Sports Centre
(Venue)
24th November V Bears 1 10.30 (time)
30th March V Hertford Hornets TBC (date)

Thoroughbreds 2

Home venue: Town Close House Prep School, 14 Ipswich Road, Norwich NR2 2LR
Playing Day: Sunday Start time: 13.00 pm

Netball East Regional Clubs League Division 3**Teams****Bears 2**

Home venue: Seevic College Runnymede Chase Benfleet SS7 1TW
Playing Day: Sunday Start time: 12.30 pm

Christchurch Ladies

Home venue: Suffolk One Scrivener Road Ipswich IP8 3SU
Playing Day: Sunday Start time: 10.30 am or 12.30pm same as Ipswich

Cottenham Jaguars (Co-Jags)

Home venue: Cambourne Village College, Sheepfold Lane, Cambourne, Cambs. CB23 6FR
Except 4th November v Bears 2 Cambridge Regional College, Kings Hedge Road, Cambridge. CB4 2QT

Cranfield

Home venue: Cranfield University Sports Hall College Road Cranfield Bedford MK43 0AL
Playing Day: Sunday Start time: 10.30 am

Grangers 1

Home venue: University of Bedfordshire Polhill Ave, Bedford, MK41 9EA
Playing Day: Sunday Start time: 12.30pm
Except 10th March 19 v Cranfield venue TBA

Harpenden

Home venue: St Alban School, Abbey Gateway, St Albans, AL3 4HB
Playing Day: Saturday Start time: 10.30 am
Except 6th Oct 18 v Grangers 14.00pm
Sunday 10th March 19 v Bears 2 14.00pm

Hatfield Magpies

Home venue: Hatfield Sports Village De Havilland Campus Hatfield AL10 9EU
Playing Day: Saturday Start time: 13.30 pm
Except 22nd September v Christchurch, 5th October v MK Netters Diamonds & November 17th v Cranfield at .Bishops Hatfield High School, Woods Ave, Hatfield. AL10 8NL

Hereward Harriers

Home venue: The Peterborough School, Thorne Road, Peterborough PE3 6AP
Playing Day: Saturday Start time: 12.00pm Sunday Start time 11.00 am
Saturday Sunday
6th October 18 21st October 18
17th November 18 2nd December 18
5th January 19 20th January 19
2nd March 19 24th March 19

MK Netters Gold

Home venue: Sharnbrook Community Sports Centre, Odell Road, Sharnbrook, Beds MK44 1JL
Playing Day: Saturday Start time: 13.30 pm

NETBALL EAST REGIONAL CLUBS LEAGUE

LEAGUE RULES & REGULATIONS

1. ORGANISATION AND ADMINISTRATION

1.1 The Regional League shall be governed and managed by the Regional Management Board, which may delegate its powers and authority in this respect to any sub-committee or individual(s).

1.2 The decisions of the Regional Management Board, or its nominee(s), in respect of these rules and regulations and on any other matter related to the Regional League which is not provided for below, shall be considered final and binding on all parties (subject to the right of appeal which is specifically outlined in Sections 9, 10 and 11).

1.3 These rules and regulations shall be subject and secondary to the application of England Netball's rules and regulations, especially Playing Regulations 3.4 and 4.

1.4 It is the responsibility of all Team Managers, Coaches and Captains to ensure that all players are conversant with the following rules and regulations.

2. PLAYING QUALIFICATIONS AND ELIGIBILITY

2.1 Application for entry to the Regional League shall be open to any club, which affiliates to England Netball through a County Association, which is situated within the boundaries of the East Region Netball Association.

2.2 Entry to the Regional League will be determined by the Regional Management Board at its absolute discretion, subject to its reasonable application of the rules and regulations laid out herein, and having due regard to the playing standard of teams which wish to participate. In the same way, such casual vacancies or any managed reductions in team numbers as may appear from time to time will be addressed by the Regional Management Board in whatever way it sees fit.

2.3 The Regional Management Board shall be entitled to charge an entry fee and a deposit secured against fines incurred by teams for the Regional League. Teams must replace any fines deposit used immediately when requested by the Regional League organiser.

2.4 In order to qualify a team to participate in the Regional League, clubs shall either be accredited under England Netball's CAPS scheme, where it is possible to be so, or be registered for CAPS by the entry date for the season (1st July). Clubs registering must have achieved their accreditation by the entry date for the following season to continue to be eligible to enter the RCL.

2.5 A club may enter more than one team in the Regional League. No club may have more than two teams in the Regional League and no club may have more than one team in any division. Promotion and relegation of teams will take this rule into consideration when determining composition of divisions.

2.6 By entering a team in the Regional League, clubs/teams agree that:

- They will abide by these rules and regulations
- They are able and willing to fulfil the costs and commitments of participation in the Regional League

2.7 In order to qualify to participate in the Regional League, a player shall be in membership of England Netball as a Registered Participant and has made the payment of the England netball affiliation fee via the club she represents in the Regional League. Any team who knowingly and deliberately provides false information regarding identity of players when registering players or naming of players on team sheets will forfeit their deposit and may be expelled from the competition. Disciplinary action may be taken against the club. A club may register up to two players where the England netball affiliation fee has been paid via another club in a transfer window between *weeks 9 and 10* subject also to rule 3.4.

2.8 All players must have their membership lodged with the England Netball Head Office, and their subscription paid, prior to their participation in the Regional League, as detailed below:

- Clubs affiliating on line registered with England Netball at least four days prior to their first fixture.
- Clubs affiliating through County Affiliation must have their registration with the relevant County affiliation secretary at least four days prior to their first fixture.

2.9 All players must be aged 16 or over to be eligible to compete in the Regional League: Teams wishing to register players under 16 may only do so with the approval of the Regional Head talent scout prior to registration. The approval is to be noted on the official Age banding request form (see appendix 2) which must be completed by the applicant team and approval sought by the applicant team prior to submission to the Regional League Organiser for player registration. As a general rule age banding approval will be granted where a player is within the performance pathway.

2.10 **Pregnancy** – EN recommends that individuals (player, coach, umpire) if pregnant should only participate with approval from their doctor and in accordance with any guidelines issued by EN.

Neither EN, nor the club will be held liable for any pregnant individual participating in recognised and authorised activity should the expectant mother suffer a miscarriage or permanent damage to herself and / or unborn child as a result of participating. The EN Personal Accident cover will not provide any benefit for injury, loss or expense due to pregnancy, childbirth, miscarriage or any consequence thereof. For example, if an 'Insured Person' who is pregnant is involved in an accident (not pregnancy related) and suffers a broken leg then, subject to claims validation, EN would pay any broken bones benefit, the Hospital Confinement benefit and Temporary Total Disablement benefit due under the Personal Accident Insurance Policy resulting from this injury. However, if the absence or hospital stay is prolonged as a direct result of pregnancy, pregnancy complications or even early childbirth then this would not be covered. The EN insurance scheme is provided as a Membership benefit and ensures that Affiliated Members (referred to in the Liability insurance documents as 'Registered Participants') and in the Personal Accident documents as an 'Insured Person' are covered for Liability and Personal Accident Insurance, at the level of cover applicable to their category of membership. This document is intended as a guide only - full terms and conditions apply as detailed in the EN insurance policy documents, in association with EN's current Memorandum, Articles, Regulations and Policies. These documents are available to individuals on request by email, or can be downloaded by every member on the downloadable documents in MyNet.

Please note this guidance supersedes previous guidance that players, coaches, officials should only participate up until their 12th week of pregnancy.

2.11 Clubs with teams in both a Regional League and the Premier League must register with the Regional League Organiser at the beginning of the season (see 3.1) a squad of eight (8) players that will be deemed the Premier League players for the season. These players are then ineligible to play in the Regional League without the express permission from the Regional League Organiser. In addition any other player who has court time for any team in the NSL and /or the Premier league in twelve (12) quarters will be ineligible to play in the Regional League for the rest of the season. Teams playing players subject to this rule will be deemed to be playing an illegal player and will be subject to a point's deduction as determined by the rules paragraph 9.2. Teams are required to send in to the Regional League Organiser the Premier League Score sheet within 7 days of the fixture showing players and quarter breakdowns after each Premier League match to monitor eligibility. Failure to comply with this aspect of the regulations will incur a fine as identified in paragraph 9.2.

2.12 Clubs with two teams in the Regional League must register with the Regional League Organiser at the beginning of the season (see 3.1) a squad of eight (8) players that will be deemed the Regional League higher division players for the season. These players are then ineligible to play in the Regional League lower division without the express permission from the Regional League Organiser. In addition any other player who subsequently has court time in the Regional league higher division in twelve (12) quarters will be ineligible to play in the Regional League lower division for the rest of the season. Teams playing players subject to this rule will be deemed to be playing an illegal player and will be subject to a point's deduction as determined by the rules paragraph 9.2.

3. REGISTRATION OF SQUAD MEMBERS

3.1 Squad sheets for each participating team must be completed fully for each player and lodged with the Regional League Organiser at least seven (7) days prior to the commencement of the Regional League.

3.2 Teams may only use those players whose names appear on their squad registration list held by the Regional League Organiser.

3.3 Any additions to the squad sheets must be lodged with the Regional League Organiser by email dated and timed prior to the commencement of the game the new player first takes to the court.

3.4 Once a player has been named on a squad sheet and has played she cannot transfer to another club during the course of the current playing season except within the transfer window where one player may transfer between Regional Club league teams provided the transferring player has taken to the court in less than 12 quarters of RCL games.

3.5 Each team may declare up to twelve (12) players prior to the start of each match by registering the players names on the official results sheet provided by the home team. These players identity will be verified by photographic evidence, plus name & affiliation numbers, which will be checked & signed by each opposing Captain. Players not taking to the court may be lined through on the official results sheet at the end of the match to denote that they have not played in that match.

3.6 A team may register up to two (2) players where the England netball affiliation fee has been paid via another club to that RCL club in a transfer window between weeks 9 and 10. Players registered in this window will be subject to rule 3.4.

4. STRUCTURE OF THE LEAGUE

4.1 The Regional League will be contested between as many teams as shall be determined by the Regional Management Board from time to time. The number of teams will not normally be less than eight, or more than thirty, split between three divisions.

4.2 Each team in the Regional League will play the others twice, once at home and once away.

4.3 Teams will be awarded league points as follows:

- 5 points for a win
- 3 points for a draw
- 2 points if within 5 goals of the winners score i.e. a difference of 4 goals or less OR
- 1 point for more than 50% of the winners score and a difference of 5 goals or more
- 0 points for a loss

4.4 A Regional League table will be compiled on the basis of the points awarded to each team. Where two teams are level on points:

- Goal average (goals for divided by goals against) shall be used to determine their relative positions, i.e., the team with the higher average score over the course of the season shall take precedence
- In the event that goal average does not differentiate between the teams, then goal difference shall be applied, i.e., precedence shall be given to the team with the greater difference between goals scored and goals conceded
- In the event that goal difference does not differentiate between the teams, then the team with the greatest number of goals scored shall take precedence
- In the event that neither goal average nor goal difference nor goals scored can differentiate between the teams, the aggregate score in the match or matches played between them over the course of the season shall be calculated and precedence given to the winning team
- In the event that none of the above differentiates between the teams, the Regional Management Board, or its nominee(s), shall determine the means of differentiation

4.5 The team which finishes top of Division 1 of the Regional League at the end of the season will be the winners of the competition. They will be eligible for promotion to the Premier Division 3, and will contest a play-off involving other Regional League champions and Premier Division 3 clubs in order to pursue that promotion.

4.6 At the end of each season, any team or teams which are based in the region in which the Regional League is played, and which are relegated from the Premier Division 3, will be automatically included within the Regional League Division 1 for the following season.

4.7 At the end of each season, relegation and promotion will take place from and within the Regional League in accordance with the table shown in appendix 1 but subject to rule 2.5, and procedures agreed between the Regional Management Board and the organising committees of the County League operated by the Constituent County Associations. Any team relegated from the Regional League will participate in the following season in the County/Area League operated by the County Association within whose boundaries it is based.

5. FIXTURE ARRANGEMENTS

5.1 Matches will be played on a full size indoor court to England Netball specification category 3 with adequate surrounds, post protectors and ancillary facilities for approximately 30 participants, including changing and showering facilities for both sexes.

5.2 The home team is responsible for arranging the venue which must be within the boundaries of the East Region, and for the cost of this.

5.3 The home team is responsible for providing hospitality for both teams and all match officials in the form of suitable refreshments served in a timely fashion after the match.

5.4 The home team must provide their opponents with confirmation in writing of the fixture, its start time, and travel directions (including a map) ten (10) days prior to the date of the fixture.

5.5 All matches must be played on the weekend specified by the fixture schedule, and take place on either a Saturday or a Sunday, unless otherwise agreed by the Regional Management Board. Once a club has identified the day matches will be played at the start of the season this cannot be varied without the agreement of the opposing club in that game.

5.6 The start time of each match will be mutually agreed between the teams, but will not normally be later than 14:30 pm or earlier than 10.30 am. Any dispute over start times will be determined by the Regional Management Board or representative at its absolute discretion.

5.7 The away team will be responsible for arranging its own travel, and for the costs of this, and should allow sufficient travelling time to cover any unexpected delays. Any team which fails to arrive within 30 minutes after the agreed start time will forfeit the match. The non-offending team will be awarded 5 points as winners by default. And the match score will be determined 20 – 0 in favour of the non offending team.

5.8 No team may postpone or cancel a fixture without the agreement of the Regional League organiser which will not be granted except in extreme circumstances. Non availability of players or umpires arranged by the participating teams will not be accepted as a good reason. Matches which are postponed due to extreme and unforeseen circumstances, e.g., flash flood, heavy snowfall, must be rearranged to the calendar spare dates or played before the next scheduled fixture date unless otherwise agreed by the Regional League Organiser.

5.9 If a team cancels a match:

- The non-offending team will be awarded five (5) league points for the match, and the team which cancels will have five (5) league points deducted from their total The match score will be determined 10 – 0 in favour of the non offending team.
- The team which cancels will be liable to pay a £50 fine to the league and any additional costs up to a maximum £50 incurred by the non-offending team and match officials, subject to the determination of the Regional Management Board. See also paragraph 9.2.
- Cancelled fixtures may be rearranged subject to both teams agreeing a mutually convenient date and time, and this being approved by the Regional League organiser.

5.10 If a fixture is postponed or cancelled, it is the responsibility of the home team to ensure that the Regional League Organiser, the opposition and both umpires are informed immediately the postponement or cancellation is known.

5.11 In the event that a match which is abandoned for any reason, e.g., because of serious injury, the result of that match will be determined by the Regional Management Board, having regard to the score at the time at which play was suspended.

6. MATCH REGULATIONS

6.1 All games shall be played to the IFNA Rules of the Game currently in force in England at the time, except where specific regulations may apply.

6.2 All matches shall be of one hour's duration (i.e., four quarters of 15 minutes each). Quarter time interval shall be 4 minutes duration and half time interval 8 minutes duration.

- (i) Interval may be of a shorter length 3 : 5 : 3 with the agreement of both teams & umpires

6.3 Where a clash of colours is deemed likely by the umpires the Home team shall arrange a change of bibs to mitigate the colour clash to the satisfaction of the umpires.

7. MATCH OFFICIALS

7.1 Umpires who actively hold a Netball Europe 'B' Award or above, who have been identified jointly by England Netball and the Regional Management Board, will be allocated to each fixture in Division 1 by the Umpire Co-ordinator, and their appointment will be notified to the teams in advance of the fixture.

7.2 Umpires who actively hold a Netball Europe 'B' Award or above, a Netball Europe 'C' award who is progressing towards a B award who have been identified jointly by England Netball and the Regional Management Board, will be allocated to each fixture in Division 2 and 3 by the Umpire Co-ordinator, and their appointment will be notified to the teams in advance of the fixture.

7.3 The home team shall be responsible for providing both named umpires with confirmation in writing of the fixture, its start time, and travel directions (including a map) ten (10) days prior to the date of the fixture.

7.4 Umpires may be reporting their experience of the match including arrangements, welcome, refreshments and discipline at the match and reporting to the Regional Management Board. The Regional Management Board shall review all submissions and refer any reports to the appropriate body in accordance with paragraph 9.2.

7.5 All teams will contribute to the costs incurred in providing allocated umpires. These costs will be levied on all clubs at the beginning of the season and at other times as required by the Regional League organiser. These costs will be paid to the Regional Management Board who will be responsible for payment to umpires. Failure to make payments requested promptly will incur penalties in accordance with paragraph 9.2.

7.6 In the event that an umpire fails to arrive, or is injured or taken ill during a match, the following procedure will be applied:

- If another umpire of the appropriate standard is available then she/he will umpire the match
- Failing that, the next best-qualified umpire should be used
- The Regional League organiser must be informed immediately after the match.

7.7 For all divisions and in conjunction with England Netball, the Regional Management Board will have responsibility for procedures which ensure that umpires conform to a standard of physical fitness which allows them to keep pace with the speed and variability of the game(s). If age, injury, illness or pregnancy is likely to affect the Umpire's movements and positioning to the detriment of the game, she / he is required to withdraw from officiating.

7.8 Scorers will be required for all fixtures. Each team must provide a competent scorer who is either a minimum Beginner/Youth award umpire, or someone who has a good knowledge of the scoring system. Failure to provide a suitable scorer will incur a penalty in accordance with paragraph 9.2.

7.9 Teams will be required to provide a suitable score sheet/card for use during the match.

7.10 Each team should ideally provide a timekeeper for each match played. Failing this, it will be the responsibility of the home team to provide a timekeeper, who will be responsible for timing the match.

7.11 Home teams will be responsible for providing the relevant notification signs as required in the IFNA rules. The new signs are) - 30 seconds (Red) - Umpire time - which now also

includes any blood injury (White) Failure to do so will incur a penalty in accordance with paragraph 9.2.

7.12 Team Officials

7.12.1 A team may have up to five (5) Team Officials. These will include a coach and at least one primary care person.

7.12.2 A primary care person:

- Must be qualified to diagnose and treat injury or illness (for example, doctor, physiotherapist or Qualified First Aider)
- It is advise that for the East RLC Teams that a qualified First Aider will suffice?
- Is permitted on the court during a stoppage for injury/illness of a Player or blood issues
- Must advise the umpires if a Player is too ill/injured to be removed from the court within 30 seconds and/or if assistance is required
- Management of injury without a primary carer.
Before a match starts, a team must identify who is responsible for managing injuries to players in their team, if no suitably qualified primary Carer is present with their team.

7.12.3 Team Officials may be fewer than specified and may therefore undertake several duties. However, primary care person/s must not also be Players and it is preferable that they do not hold any other role.

7.12.4 The Team Officials and up to five (5) players not on court shall constitute the Team Bench.

8. REGISTRATION OF RESULTS

8.1 Both teams are required to complete the official Results sheet after each match, by entering the names of each player ,their affiliation number ,their court time and the final score. The official result sheet must be checked and signed by the scorer(s), both captains and umpires and sent to the Regional League organiser by the home team to be received within three (3) working days of the match. The score for the match will not be registered until the result sheet has been received. Any team which fails to do so will be liable to a fine in accordance with paragraph 9.2.

8.2 The result of each match must be telephoned through by the home team to a nominated representative of the Regional League organiser no later than 7:00 pm on the date of the fixture. Any team which fails to do so will be liable to a fine in accordance with paragraph 9.2.

8.3 Results will be posted to the Netball East website as soon as possible following the weekend games on the following link. <http://www.netballeast.org.uk/competition/open-regional-league/>

9. COMPETITION REFEREE

9.1 A Competition referee will be appointed by Netball East for the Netball East Regional Clubs League. The Regional League organiser is the designated Competition referee.

9.2 The Competition referee will have the authority and jurisdiction to make decisions on any matters arising throughout the Competition including, but not limited to:

- altering or amending the playing schedule as necessary;
- determining if teams and/or players are in breach of these Regulations and imposing an appropriate penalty (including disqualification of any individual or team)

- The use of an unaffiliated player or illegal player will result in a deduction of 3 league points the result of the fixture will stand.
- The use of an unregistered player or a player, who is under age without written permission from the Regional Head Scout, will result in a deduction of 2 league points the result of the fixture will stand.
- All warning will be recorded on the result sheet, & mark in the quarter it occurred.
- Any player who receives 2 suspensions during a season will receive an automatic one match ban, in addition to any further reprimand as a result of further consideration of the incident(s). All associated paperwork to be completed by the umpires and returned to League/Competition organiser.
- A record will be maintained of player suspension throughout the season in order to track suspensions
- Any player, coach or team bench sent off during or after a match will receive an automatic one match ban in addition to any further reprimand as a result of further consideration of the incident(s). All associated paperwork to be completed by the umpires and returned to League/Competition organiser.
- Failure to play on more than three occasions may result in expulsion from the League. If a team cancels, the offending team will meet any costs up to £50 incurred by the non-offending team.
 - £5 for incomplete score sheet or non use of official Table official signs
 - £5 late notification of Premier League score sheet
 - £5 for late notification of result
 - £10 not providing a scorer for an RCL match
 - £50 Cancellation of a RCL fixture + other team costs
- Instances of unsportsmanlike behaviour including instances of teams predetermining the outcome of a match and /or the competition:
 - Determine the score should any Match not be concluded due to any unforeseen circumstance;
 - Any matter not covered specifically within the Regulations.

9.3 The Competition Referee may call upon, or delegate to, additional persons to assist with the Competition or consult with other persons prior to making any decision. However the final decision and accountability for the decision will rest with the Competition Referee.

10. COMPETITION COMPLAINTS PROCEDURE

10.1 All queries and complaints (a Complaint) should be directed to the Competition Referee in the first instance, which will be dealt with as follows:

10.1.1 Where the Complaint relates to the playing of a Match, the scoring, and/or its result, the relevant Squad member or Team Official, must do the following:

- a) Inform their opponents and the Umpires of their complaint;
- b) Mark the Score Card with the words "Under Protest";
- c) Send the marked Score Card to the Competition Referee, within seventy two (72) hours of the match;
- d) Attach a letter to the Score Card to explain the issue in full to the Competition Referee.
- e) The Competition Referee will decide what action should be taken.

10.1.2 The Competition Referee will acknowledge receipt of the query or complaint and make a decision on the matter within seventy two (72) hours of receipt of the query or complaint. The Competition Referees decision in relation to decisions taken under clause 2.1.1 is binding apart from where parties to the complaint have the right to appeal the decision under Section 3 below.

10.2 Where a Complaint relates to the governance or administration of the Competition by the Netball East Organising committee such complaints will be dealt with under the Complaints Procedure of Netball East.

10.3 Where the Complaint relates to the behaviour of an individual Player or Team participating, volunteering or individual attending a Match which could be considered as a Disciplinary Offence under England Netball's Disciplinary Regulations, such complaints will be dealt with in accordance with the processes set out in England Netball's Disciplinary Regulations.

10.4 All disputes will be dealt with by a Dispute Resolution Panel made up of three (3) members of the Regional Competitions TSG

10.5 Netball East RCL regulations the following permissions must be obtained in the event a video recording of the match is taken. Confirmation of intention to video the match has been given 3 days prior to the match.

11. APPEAL OF COMPETITION REFEREE DECISION

11.1 The decision of the Competition Referee in relation to a complaint submitted in accordance with section 10 shall be final and binding on all parties save that a party has a right to appeal in the following circumstances:

11.1.1 If the decision has a potential impact on a match result, a league table, or the outcome of the Competition; AND

11.1.2 If there has been a failure by the Competition Referee to follow or act in accordance with these Regulations and/or the Competition Referee reached a decision on the basis of an error of fact.

These are the only grounds of appeal and any appeal must be submitted in accordance with the appeals process set out below:

11.2 An appeal should be forwarded in writing from the Team Manager of the appealing Team to the Competition Referee within 72 hours of receiving the decision, who will refer it to Netball East Organising Committee.

11.3 The appeal shall be accompanied by a cheque for £100 which shall be returned if the appeal is upheld or if there are any other extenuating circumstances. The Competition Appeals Committee (CAC) will decide whether the extenuating circumstance warrant the cheque being returned.

11.4 The Netball East Organising Committee will establish a CAC which will consist of individuals that are independent of and not connected the Competition. One of those individuals will be appointed as the Chair.

11.5 The Chair of the CAC will send the appeal to the opposing Team and any other Team the CAC believe could be affected by the outcome of the appeal. These Teams will be permitted seventy two (72) hours, from the date the appeal notice is sent from the CAC to submit any evidence or submission that they wish the CAC to consider.

11.6 All submissions and evidence must be submitted in writing. The Chair of CAC will have the discretion to determine the process, procedure and direction of the appeal.

11.7 The CAC shall meet and reach a determination within seventy two (72) hours of receiving all the evidence and submissions.

11.8 The CAC will notify all the parties that made submissions and presented evidence of its decision and any penalties and sanctions imposed within twenty four (24) hours of it reaching its determination. The CAC shall have the discretion to publish the decision through whatever means it considers appropriate.

11.9 The CAC shall have the delegated power of Netball East to make all decisions and impose and enforce any penalties and sanctions (including but not limited to, reprimands, the deduction of points, fines, suspensions and expulsions from the Competition) relating to the appeal.

11.10 The procedures set out in this section shall be governed by the Arbitration Act 1996 (the Act) and amount to a binding arbitration agreement for the purposes of Section 6 of the Act.

11.11 The parties also waive irrevocably their right to any form of appeal, review or recourse to any court or other judicial authority, or under England Netball's Disciplinary Procedures Manual or otherwise, insofar as such waiver may be validly made.

11.12 The seat of arbitration shall be England, the language used shall be English and the governing law of the regulations and these proceedings under Section 3 shall be English Law.

11.13 If the circumstances require a decision to be taken sooner than provided for by this section, and all parties to the appeal consent, the timetable within which an appeal is raised, submissions made and the decision taken can be shorter than seventy two (72) hours stated in this Section. In such cases the CAC shall issue a revised directions timetable which shall be binding on all parties.

12. MISCELLANEOUS PROVISIONS

12.1 All clubs will be held responsible for their players, officials and spectators.

12.2 It is the responsibility of each team to provide adequate first aid cover for its players and officials, which shall also be made available to the match officials on request.

12.3 Clothing:

- No form of glove may be worn when playing netball. If gloves are required for medical reasons, the umpires may allow seamless leather gloves to be worn on production of an appropriate medical certificate, and provided that they are satisfied that any gloves worn do not present an obvious hazard to other players
- All jewellery must be removed when playing netball, and players wearing jewellery (including body piercing) will not be allowed on court. The following exceptions will apply:
 - Wedding rings may be worn, but must be taped
 - Medic alert bracelets may be worn, but must be secured in such a manner that they will not constitute a danger to an opponent, i.e., with clear tape, and in such a way that it cannot be removed/lifted off by any accidental contact
- If scarves need to be worn because of religious practices, the player and the coach must ensure that the material used for the head covering is soft, without embellishments which might constitute a danger, and with potential flowing/flapping edges held securely around the neck or tucked into the shirt collar as neatly and securely as possible

12.4 Any team wishing to video record a RCL match must give the opposing side at least three clear days notice prior to the game to allow them to seek any parental permissions required under the duty of care. In addition prior to the start of the game the team must obtain the written permission of the match officials, the relevant coaches or managers and the captains of the teams. All teams must be aware that any video recordings may be used in the event of any dispute or hearing required to be decided by the league.

Appendix 1

Positions at end of season Regional League			No change in teams from Premier League			Regional League winners promoted to Premier 3			Premier League 3 team relegated Regional League		
Div 1	Div 2	Div 3	Div 1	Div 2	Div 3	Div 1	Div 2	Div 3	Div 1	Div 2	Div 3
1	10	19	1	8	17	2	9	18	Z1	8	17
2	11	20	2	9	18	3	12	21	1	9	18
3	12	21	3	12	21	4	13	22	2	11	20
4	13	22	4	13	22	5	14	23	3	12	21
5	14	23	5	14	23	6	15	24	4	13	22
6	15	24	6	15	24	7	16	25	5	14	23
7	16	25	7	16	25	8	17	26	6	15	24
8	17	26	10	19	E1	10	19	E1	7	16	25
9	18	27	11	20	E2	11	20	E2	10	19	E1
			26 to enter playoff tournament 27 relegated to County league E1 Winners of play off tournament E2 Runners up play off tournament			27 relegated to County league E1 Winners of play off tournament E2 Runners up play off tournament			26 to enter playoff tournament 27 relegated to County league E1 Winners of play off tournament Z1 team relegated from Premier 3		

NB For future playing seasons the Regional Management Board or its nominees organisers will determine the issues relating to promotion and relegation to achieve the stated desire for the league membership to cover more than one team relegated from the Premier League..

APPENDIX 2 EAST REGIONAL LEAGUE

ENGLAND NETBALL 2017-18 AGE BANDING APPLICATION FORM

Name of Player _____	Club/School _____
County _____	Region _____
Date of Birth _____	Today's Date _____
Requesting to Play in Age Group _____	Competition _____

Contact details of person completing form:

Name:	Address:	
		Post Code:
Home Telephone:	Mobile:	
Email:		

The following must be completed and returned to the Competition Organiser of the competition the player is being considered to play in before the player is eligible to play out of their age band. By completing this form you are determining that this player is suitable to play above their current age band. Please refer to the Age Banding Guidance and Support document before completing this form.

1)	Is the player currently in the England Performance Pathway (e.g. Satellite, County, Regional Academy)?	YES <input type="checkbox"/> Please proceed to question 2	NO <input type="checkbox"/> Please proceed to question 3
2)	Please state the level of the Performance Pathway the player is currently in, and the venue of the Academy		
3)	What level of competition is the player currently involved in?		
4)	What is the reason for the age band request?		
5)	Who will support/mentor the player during the process for her feeling of 'ease' with the transition?	Name	Position
6)	What monitoring strategy has been agreed by all interested parties?		

Please complete and tick the appropriate box

The player:-

- | | | | | |
|---|-----|--------------------------|----|--------------------------|
| • has shown the physical ability to compete at a higher level | YES | <input type="checkbox"/> | NO | <input type="checkbox"/> |
| • has shown the emotional ability to transition to a higher age band | YES | <input type="checkbox"/> | NO | <input type="checkbox"/> |
| • has the technical and tactical ability to take part the level of the higher age band | YES | <input type="checkbox"/> | NO | <input type="checkbox"/> |
| • progress will be regularly monitored | YES | <input type="checkbox"/> | NO | <input type="checkbox"/> |
| • The Team Coach has discussed this application with the player, the Club/School Safeguarding Officer and the players' parent(s)/guardian(s) (if the player is Under 18 years of age) | YES | <input type="checkbox"/> | NO | <input type="checkbox"/> |

Signed: _____ Coach
 _____ Club/School Safeguarding Officer
 _____ Parent

NB: Please note that approval is needed for this process from the Regional Head of Performance. Completion and submission of this form must be approved for the player to play out of their age band, providing it is completed in full approved and received by the competition organiser within the timescales. Please refer to the competition regulations before submitting this form

